Minimum wage hikes do a poor job of targeting low-income households. Most people earning a minimum wage belong to households earning higher incomes, so most of the benefit does not go to low-income people. In 2019, only 4.6% of full-time employees earned the minimum wage, which contradicts the argument that it will lift many people out of low income. Most people are in low income because they are unemployed or cannot get more than part-time employment. Raising the minimum wage may only aggravate the difficulty of getting a job.

The evolution of minimum-wage policy over time shows it has never been a particularly good or even necessary policy to help those with low incomes. A surprising number of well-off nations in Europe never had a minimum-wage policy. Setting a minimum wage in the United States was originally designed to be discriminatory or exclusionary of groups such as visible minorities and women.

More recently, governments have increasingly resorted to higher minimum wages in an attempt to fight poverty. In an era where governments are already running large budget deficits and are looking for ways to rein in spending, minimum wages are seen as a way to shift the cost of achieving social goals from government to business firms. However, this ignores that firms often respond in a way that frustrates the intent of the government’s minimum-wage policy. For example, firms can offset the increase in wages
paid to some employees by trimming non-wage benefits, such as pensions or leave benefits, to lower the cost. Firms also respond by reducing employment in low-wage jobs, which is especially harmful to youths.

Reviewing the history of minimum wages in Canada's various provinces shows that governments typically get the timing wrong when they raise the minimum wage. The negative impact of higher minimum wages would be minimized by raising them when labour market conditions are strong. Instead, governments often boost the minimum wage when labour market conditions are soft. This was especially true for many Canadian provinces during the slow recovery from the 2008/09 recession.

The goal of governments should not be increasing the share of employees earning the minimum wage. The goal should be creating labour-market conditions so robust that most employees are earning more than the minimum. This was the case for Alberta, where only 1.7% of employees were earning the minimum when the economy was booming in 2014. It is a sign of failure to have a large share of employees earning the minimum wage, such as Ontario where 10.9% earned the minimum in 2014.