



“

QUOTE
WALL”

“If you could swap out your body parts like you can swap out old car parts, how long do you think you could live?”

Sonia Arrison

“If you could swap out your body parts like you can swap out old car parts, how long do you think you could live? In the very near future fresh organs for transplants will be grown in laboratories, cloned stem cells will bring previously unstoppable diseases to their knees, and living past 100 will be the rule, not the

exception. Humanity is on the cusp of an exciting longevity revolution. This first person to live to 150 years has probably already been born.”

Sonia Arrison, founder of Singularity University, presenter at Calgary student seminar, March 5, 2016, and bestselling author of *100+: How the Coming Age of Longevity Will Change Everything, From Careers and Relationships to Family and Faith*.